

## Green Tip

### Reach for Reusable Covers: Put a Lid on It!



No need to wrestle with cling wrap and the nasty cutting blade on its cardboard package. Silicone stretch lids will last and last. They fit almost anything -- half a cantaloupe, the bowl of soup you'll finish eating later, your favorite Pyrex bowl that lost its lid. A silicone stretch lid is a reusable lid and a food hugger, all in one. No additional storage dish to wash. No more lid hunting.

These lids generally come in a multipack with different sizes, 3"-11." Stretchable and tough, the lids can fit over odd-shaped items, from half a lemon to the contents of a food processor or instant pot, preventing spills and keeping foods fresh.

Silicone lids can be found at local refill stores and online outlets. They can be colorful or see-through. (With the transparent version you can see a container's contents more easily.) Most claim to be nontoxic, free of BPA, phthalate, plastic and lead, and to be safe in dishwasher, microwave, and freezer.

So this is one more way to save money. Instead of cling wrap -- another single-use plastic item -- these versatile lids will last. And they won't end up in our landfill.

*This lid has a dial you turn  
to mark the day  
when you put  
the food away. Yay!*

