## August 2025 DOVER ARENA STICK PRACTICE TIMES

**PARENT/TOT**- For children ages 10 and under (as of 9/2025) and their parents. This is a fun recreational hockey skate for parents and their children, it is not for a team practice or a game session. FULL EQUIPMENT for children and parents must wear helmets.

YOUTH STICK— For ages grade 8 and below as of 9/2025 FULL EQUIPMENT REQUIRED. No parents allowed on ice. Limit 20 skaters/2 goalies.

ADULT—18 and older HELMETS REQUIRED Limit 20 skaters/2 goalies

## TIMES SUBJECT TO CHANGE. PLEASE CALL IN ADVANCE.

Sun	Mon	Tue	Wed	Thu	Fri
ADULT-BLUE	-RED \$6.00 per skater				1 ADULT 11:30a-12:50pm
3 YOUTH 10:30-11:50A PARENT/TOT 12-1:20pm	4 ADULT 11:30a-12:50pm	5 ADULT 11:30a-12:50pm	6 ADULT 11:30a-12:50pm	7 ADULT 11:30a-12:50pm	8 ADULT 11:30a-12:50pm
10 YOUTH 10:30-11:50A PARENT/TOT 12-1:20pm	11 ADULT 11:30a-12:50pm	12 ADULT 11:30a-12:50pm	13 ADULT 11:30a-12:50pm	14 ADULT 11:30a-12:50pm	15 ADULT 11:30a-12:50pm
YOUTH 10:30-11:50A PARENT/TOT 12-1:20pm	18 ADULT 11:30a-12:50pm	19 ADULT 11:30a-12:50pm	20 ADULT 11:30a-12:50pm	21 ADULT 11:30a-12:50pm	22 ADULT 11:30a-12:50pm
24 NO YOUTH NO PARENT/TOT	25 ADULT 11:30a-12:50pm	26 ADULT 11:30a-12:50pm	27 ADULT 11:30a-12:50pm	28 ADULT 11:30a-12:50pm	29 CLOSED
31 CLOSED				DOVER ARENA 110 Portland Ave Dover NH 03820 603-516-6060 www.doverarena.com	