

# February 2026 DOVER ARENA STICK PRACTICE TIMES

**PARENT/TOT**- For children ages 10 and under (as of 9/2025) and their parents. This is a fun recreational hockey skate for parents and their children, it is not for a team practice or a game session. **FULL EQUIPMENT** for children and parents must wear helmets.

**YOUTH STICK**- For ages grade 8 and below as of 9/2025 **FULL EQUIPMENT REQUIRED**. No parents allowed on ice. Limit 20 skaters/2 goalies.

**ADULT**—18 and older **HELMETS REQUIRED** Limit 20 skaters/2 goalies

**TIMES SUBJECT TO CHANGE. PLEASE CALL IN ADVANCE.**

**Dover Arena 110 Portland Ave Dover NH 03820**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <b>ADULT</b> 11:30a-12:50pm	3 <b>ADULT</b> 11:30a-12:50pm	4 <b>ADULT</b> 11:30a-12:50pm	5 <b>ADULT</b> 11:30a-12:50pm	6 <b>ADULT</b> 11:30a-12:50pm	7
8	9 <b>ADULT</b> 11:30a-12:50pm	10 <b>ADULT</b> 11:30a-12:50pm	11 <b>ADULT</b> 11:30a-12:50pm	12 <b>ADULT</b> 11:30a-12:50pm	13 <b>ADULT</b> 11:30a-12:50pm	14
15	16 <b>ADULT</b> 11:30a-12:50pm	17 <b>ADULT</b> 11:30a-12:50pm	18 <b>ADULT</b> 11:30a-12:50pm	19 <b>ADULT</b> 11:30a-12:50pm	20 <b>ADULT</b> 11:30a-12:50pm	21
22	23 <b>YOUTH</b> 9-10:20am <b>ADULT</b> 11:30a-12:50pm	24 <b>PARENT/TOT</b> 9-10:20am <b>ADULT</b> 11:30a-12:50pm	25 <b>YOUTH</b> 9-10:20am <b>ADULT</b> 11:30a-12:50pm	26 <b>PARENT/TOT</b> 9-10:20am <b>ADULT</b> 11:30a-12:50pm	<b>YOUTH</b> - <b>ORANGE</b> \$6.00 <b>PARENT/TOT</b> - <b>RED</b> \$6.00 per skater <b>ADULT</b> - <b>BLUE</b> \$10.00 <b>ADULT STICK PUNCH PASS</b> \$50.00	