

January 2026 *DOVER ARENA STICK PRACTICE TIMES*

PARENT/TOT- For children ages 10 and under (as of 9/2025) and their parents. This is a fun recreational hockey skate for parents and their children, it is not for a team practice or a game session. FULL EQUIPMENT for children and parents must wear helmets.

YOUTH STICK— For ages grade 8 and below as of 9/2025 FULL EQUIPMENT REQUIRED. No parents allowed on ice. Limit 20 skaters/2 goalies.

ADULT—18 and older HELMETS REQUIRED Limit 20 skaters/2 goalies

TIMES SUBJECT TO CHANGE. PLEASE CALL IN ADVANCE.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
YOUTH -ORANGE \$6.00 PARENT/TOT -RED \$6.00 per skater ADULT-BLUE \$10.00 ADULT STICK PUNCH PASS \$50.00		DOVER ARENA <i>110 Portland Ave</i> <i>Dover NH 03820</i> 603-516-6060 www.doverarena.com		1 ADULT 11:30a-12:50pm	2 ADULT 11:30a-12:50pm	3
4	5 ADULT 11:30a-12:50pm	6 ADULT 11:30a-12:50pm	7 ADULT 11:30a-12:50pm	8 ADULT 11:30a-12:50pm	9 ADULT 11:30a-12:50pm	10
11	12 ADULT 11:30a-12:50pm	13 ADULT 11:30a-12:50pm	14 ADULT 11:30a-12:50pm	15 ADULT 11:30a-12:50pm	16 ADULT 11:30a-12:50pm	17
18	19 ADULT 11:30a-12:50pm	20 ADULT 11:30a-12:50pm	21 ADULT 11:30a-12:50pm	22 ADULT 11:30a-12:50pm	23 ADULT 11:30a-12:50pm	24
25	26 ADULT 11:30a-12:50pm	27 ADULT 11:30a-12:50pm	28 ADULT 11:30a-12:50pm	29 ADULT 11:30a-12:50pm	30 ADULT 11:30a-12:50pm	31