

July 2025 *DOVER ARENA STICK PRACTICE TIMES*

PARENT/TOT- For children ages 10 and under (as of 9/2025) and their parents. This is a fun recreational hockey skate for parents and their children, it is not for a team practice or a game session. **FULL EQUIPMENT** for children and parents must wear helmets.

YOUTH STICK— For ages grade 8 and below as of 9/2025 **FULL EQUIPMENT REQUIRED**. No parents allowed on ice. Limit 20 skaters/2 goalies.

ADULT—18 and older **HELMETS REQUIRED** Limit 20 skaters/2 goalies

TIMES SUBJECT TO CHANGE. PLEASE CALL IN ADVANCE.

Sun	Mon	Tue	Wed	Thu	Fri
YOUTH —ORANGE \$6.00 PARENT/TOT —RED \$6.00 per skater ADULT —BLUE \$10.00 ADULT STICK PUNCH PASS \$50.00					
	7 NO ADULT	8 NO ADULT	9 NO ADULT	10 NO ADULT	11 NO ADULT
13 YOUTH 10:30-11:50A PARENT/TOT 12-1:20pm	14 ADULT 11:30a-12:50pm	15 ADULT 11:30a-12:50pm	16 ADULT 11:30a-12:50pm	17 ADULT 11:30a-12:50pm	18 ADULT 11:30a-12:50pm
20 YOUTH 10:30-11:50A PARENT/TOT 12-1:20pm	21 ADULT 11:30a-12:50pm	22 ADULT 11:30a-12:50pm	23 ADULT 11:30a-12:50pm	24 ADULT 11:30a-12:50pm	25 ADULT 11:30a-12:50pm
27 YOUTH 10:30-11:50A PARENT/TOT 12-1:20pm	28 ADULT 11:30a-12:50pm	29 ADULT 11:30a-12:50pm	30 ADULT 11:30a-12:50pm	31 ADULT 11:30a-12:50pm	