

May 2026 *DOVER ARENA STICK PRACTICE TIMES*

PARENT/TOT- For children ages 10 and under (as of 9/2025) and their parents. This is a fun recreational hockey skate for parents and their children, it is not for a team practice or a game session. FULL EQUIPMENT for children and parents must wear helmets.

YOUTH STICK- For ages grade 8 and below as of 9/2025 FULL EQUIPMENT REQUIRED. No parents allowed on ice. Limit 20 skaters/2 goalies.

ADULT—18 and older HELMETS REQUIRED Limit 20 skaters/2 goalies

TIMES SUBJECT TO CHANGE. PLEASE CALL IN ADVANCE.

Dover Arena 110 Portland Ave Dover NH 03820

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 ADULT 11:30a-12:50pm	2
3	4 ADULT 11:30a-12:50pm	5 ADULT 11:30a-12:50pm	6 ADULT 11:30a-12:50pm	7 ADULT 11:30a-12:50pm	8 ADULT 11:30a-12:50pm	9
			We will be closed 5/11-7/5/26, need assistance or questions please call 603-516-6060.			