

October 2025 *DOVER ARENA STICK PRACTICE TIMES*

PARENT/TOT SKILLS- For children ages 10 and under (as of 9/2025) and their parents. This is a fun recreational hockey skate for parents and their children, it is not for a team practice or a game session. **Goalies are not free during this time.** FULL EQUIPMENT for children and parents must wear helmets.

YOUTH STICK— For ages grade 8 and below as of 9/2025. FULL EQUIPMENT REQUIRED. No parents allowed on ice. Limit 20 skaters/2 goalies.

ADULT STICK—18 and older HELMETS REQUIRED Limit: 20 skaters/2 goalies

TIMES SUBJECT TO CHANGE. PLEASE CALL IN ADVANCE.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
YOUTH -ORANGE \$6.00 PARENT/TOT -RED \$6.00 per skater ADULT -BLUE \$10.00 ADULT PUNCH PASS \$50.00			1 ADULT 11:30a-12:50pm	2 ADULT 11:30a-12:50pm	3 ADULT 11:30a-12:50pm	4
5	6 ADULT 11:30a-12:50pm	7 ADULT 11:30a-12:50pm	8 ADULT 11:30a-12:50pm	9 ADULT 11:30a-12:50pm	10 ADULT 11:30a-12:50pm	11
12	13 PARENT/TOT 9-1020a ADULT 11:30a-12:50pm	14 ADULT 11:30a-12:50pm	15 ADULT 11:30a-12:50pm	16 ADULT 11:30a-12:50pm	17 ADULT 11:30a-12:50pm	18
19	20 ADULT 11:30a-12:50pm	21 ADULT 11:30a-12:50pm	22 ADULT 11:30a-12:50pm	23 ADULT 11:30a-12:50pm	24 ADULT 11:30a-12:50pm	25
26	27 ADULT 11:30a-12:50pm	28 ADULT 11:30a-12:50pm	29 ADULT 11:30a-12:50pm	30 ADULT 11:30a-12:50pm	31 ADULT 11:30a-12:50pm	DOVER ARENA 110 Portland Ave Dover NH 03820 603-516-6060 www.doverarena.com