

September 2026 *DOVER ARENA STICK PRACTICE TIMES*

PARENT/TOT- For children ages 10 and under (as of 9/2026) and their parents. This is a fun recreational hockey skate for parents and their children, it is not for a team practice or a game session. **FULL EQUIPMENT** for children and parents must wear helmets.

YOUTH STICK— For ages grade 8 and below as of 9/2026 **FULL EQUIPMENT REQUIRED**. No parents allowed on ice. Limit 20 skaters/2 goalies.

ADULT—18 and older **HELMETS REQUIRED** Limit 20 skaters/2 goalies

TIMES SUBJECT TO CHANGE. PLEASE CALL IN ADVANCE.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
YOUTH -ORANGE \$8.00 PARENT/TOT -RED \$8.00 per skater ADULT -BLUE \$12.00 ADULT STICK PUNCH PASS \$65.00		1 ADULT STICK 11:30a-12:50pm	2 ADULT STICK 11:30a-12:50pm	3 ADULT STICK 11:30a-12:50pm	4 CLOSED	5
6	7 CLOSED	8 CLOSED 	9 ADULT STICK 11:30a-12:50pm	10 ADULT STICK 11:30a-12:50pm	11 ADULT STICK 11:30a-12:50pm	12
13	14 ADULT STICK 11:30a-12:50pm	15 ADULT STICK 11:30a-12:50pm	16 ADULT STICK 11:30a-12:50pm	17 ADULT STICK 11:30a-12:50pm	18 ADULT STICK 11:30a-12:50pm	19
20	21 ADULT STICK 11:30a-12:50pm	22 ADULT STICK 11:30a-12:50pm	23 ADULT STICK 11:30a-12:50pm	24 ADULT STICK 11:30a-12:50pm	25 ADULT STICK 11:30a-12:50pm	26
27	28 ADULT STICK 11:30a-12:50pm	29 ADULT STICK 11:30a-12:50pm	30 ADULT STICK 11:30a-12:50pm			DOVER ARENA <i>110 Portland Ave</i> <i>Dover NH 03820</i> 603-516-6060