

March 2026 *DOVER ARENA STICK PRACTICE TIMES*

PARENT/TOT- For children ages 10 and under (as of 9/2025) and their parents. This is a fun recreational hockey skate for parents and their children, it is not for a team practice or a game session. FULL EQUIPMENT for children and parents must wear helmets.

YOUTH STICK- For ages grade 8 and below as of 9/2025 FULL EQUIPMENT REQUIRED. No parents allowed on ice. Limit 20 skaters/2 goalies.

ADULT—18 and older HELMETS REQUIRED Limit 20 skaters/2 goalies

Dover Arena 110 Portland Ave Dover NH 03820

TIMES SUBJECT TO CHANGE. PLEASE CALL IN ADVANCE.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 ADULT 11:30a-12:50pm	3 ADULT 11:30a-12:50pm	4 ADULT 11:30a-12:50pm	5 ADULT 11:30a-12:50pm	6 ADULT 11:30a-12:50pm	7
8	9 ADULT 11:30a-12:50pm	10 ADULT 11:30a-12:50pm	11 ADULT 11:30a-12:50pm	12 ADULT 11:30a-12:50pm	13 ADULT 11:30a-12:50pm	14
15	16 ADULT 11:30a-12:50pm	17 ADULT 11:30a-12:50pm	18 ADULT 11:30a-12:50pm	19 ADULT 11:30a-12:50pm	20 ADULT 11:30a-12:50pm	21
22	23 ADULT 11:30a-12:50pm	24 ADULT 11:30a-12:50pm	25 ADULT 11:30a-12:50pm	26 ADULT 11:30a-12:50pm	27 ADULT 11:30a-12:50pm	28
29	30 ADULT 11:30a-12:50pm	31 ADULT 11:30a-12:50pm				