

# May 2025 DOVER ARENA STICK PRACTICE TIMES

**PARENT/TOT-** For children ages 10 and under (as of 9/2024) and their parents. This is a fun recreational hockey skate for parents and their children, it is not for a team practice or a game session. FULL EQUIPMENT for children and parents must wear helmets.

**YOUTH STICK-** For ages grade 8 and below as of 9/2024 **FULL EQUIPMENT REQUIRED.** No parents allowed on ice. Limit 20 skaters/2 goalies.

**ADULT**—18 and older **HELMETS REQUIRED** Limit 20 skaters/2 goalies

**TIMES SUBJECT TO CHANGE. PLEASE CALL IN ADVANCE.**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 ADULT 11:30a-12:50pm	2 ADULT 11:30a-12:50pm	3 YOUTH 3:30-4:50pm PARENT/TOT 5-6:20pm
4	5 ADULT 11:30a-12:50pm	6 ADULT 11:30a-12:50pm	7 ADULT 11:30a-12:50pm	8 ADULT 11:30a-12:50pm	9 ADULT 11:30a-12:50pm	10 YOUTH 3:30-4:50pm PARENT/TOT 5-6:20pm
		We will be closed 5/12-7/6/25, need assistance or questions please call 603-516-6060.				