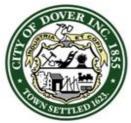
Dover Indoor Pool Schedule

11.16.2025-1.3.2026-REVISED



		, <u> </u>	16.2025-1.3.2026-RE			SETTLED
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					7:00 - 9:00 am Current North Swim Team	
					9:00-11:00am Lessons	<u>9:00 - 11:00am</u> 6 Lanes Masters
	7:30 - 9:30 am 6 Lanes Lap		<u>7:30 - 9:30 am</u> 6 Lanes Lap	8:30 - 9:30am Homeschool Lessons	<u>11:00 - 12:00 pm</u> 6 Lanes Lap	11:00 - 12:00pm Therapy Walking (water walking only)
<u>9:30 - 10:30 am</u>	8:30 - 9:30 am	<u>9:30 - 10:30 am</u>	8:30 - 9:30 am	<u>9:30 - 10:30 am</u>		(water wanking only)
Hydrofitness	2 Lanes Lessons	Hydrofitness-Dive Well	2 Lanes Lessons	Hydrofitness		
10:30 - 12:00 pm Therapy Walking (water walking only)	9:30 - 11:00 am Therapy Walking (water walking only)	9:30 - 11:00 am Therapy Walking (water walking only)	9:30 - 11:00 am Therapy Walking (water walking only)	10:30 - 11:30 am Therapy Walking (water walking only)	12:15 - 2:15 pm Recreation Swim NO LAP SWIMMING	12:15 - 2:15 pm Recreation Swim NO LAP SWIMMING
						<u>2:30-3:30 pm</u>
12:00 - 1:30 pm 6 Lanes Lap	11:00 - 12:30 pm 6 Lanes Lap	<u>11:00 - 12:30 pm</u> 6 Lanes Lap	<u>11:00 - 12:30 pm</u> 6 Lanes Lap	<u>11:30 - 12:30 pm</u> 6 Lanes Lap		OYSTER RIVER HS 11/23,11/30 12/28/2025
		12:30 - 3:00 pm 3 lanes Rec. swim 3 Lanes Lap	12:30 - 3:00 pm 3 lanes Rec. swim 3 Lanes Lap	12:30 - 3:00 pm 3 lanes Rec. swim 3 Lanes Lap		3:30-4:30 pm Mighty Seals 11/23,11/30
						12/28/2025 outside these dates Mighty Seals <u>2:30-3:30pm</u>
3:30 - 5:30 pm HS SWIM TEAMS	3:30 - 5:00 pm HS SWIM TEAMS	3:30 - 5:30 pm HS SWIM TEAMS	3:30 - 4:30 pm HS SWIM TEAMS	3:30 - 4:30 pm HS SWIM TEAMS		Rec Swim Rules 1) Children under 45" require a
<u>5:30 - 7:30 pm</u>		<u>5:30 - 7:30 pm</u>	4:30-5:30pm	<u>4:30 - 5:30 pm</u>		parent in the water 2) No Swimming in the well
Current North Swim Team	<u>5:00-6:30pm</u>	Current North Swim Team	Current North Swim Team	Current North Swim Team		3) Diving board use is allowed4) No equipment except lifejackets
	Lessons		<u>5:30-6:30pm</u>	<u>5:30 - 6:30 pm</u>		5) Kids with lifevests must have a
	<u>6:45 - 8:00 pm</u> 6 Lanes Masters	Schedule Change	3 Lanes Swim Team Prep 3 Lanes Adult Lessons 6:45 - 8:00 pm 6 Lanes Masters	3 Lanes Current North Swim Team 3 Lanes Swim Team Prep	•	parent in arms reach at all times 6) No goggles that cover the nose 7) Parents cannot be in the well to catch children off the divingboard
		8am-1pm 12/24-Christmas Eve 12/31-New Years Eve	Schedule Change CLOSED			8) No child with a lifevest of any kind may use the divingboard9) Kids under 3 required to wear swim
			12/25-Christmas Day			diaper. Can be purchased for \$2 each
			1/1-New Years Day			
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

NOTE: Please note this schedule is subject to change without notice.

Membership Fees

1) Excludes Hydrofitness

2) Excludes Masters

3) Memberships start from date

of purchase

NOTE: Please note this schedule is subject to change without notice.									
Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor					
Adult	\$5.00	\$50.00	\$170.00	\$100.00					
Senior	\$3.00	\$30.00	\$80.00	\$45.00					
Youth	\$3.00	\$30.00	\$80.00	\$45.00					
Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor					
Adult	\$7.00	\$70.00	\$330.00	\$190.00					
Senior	\$4.00	\$40.00	\$160.00	\$90.00					
Youth	\$4.00	\$40.00	\$160.00	\$90.00					