


# Dover Indoor Pool Schedule June 17<sup>th</sup> - August 16<sup>th</sup>



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>INDOOR PASSES NOT VALID OUTSIDE</b>	<b>INDOOR PASSES NOT VALID OUTSIDE</b>	<b>INDOOR PASSES NOT VALID OUTSIDE</b>	<b>INDOOR PASSES NOT VALID OUTSIDE</b>	<b>INDOOR PASSES NOT VALID OUTSIDE</b>	<b>CLOSED</b> Please see Jenny Thompson Outdoor pool schedule	<b>CLOSED</b> Please see Jenny Thompson Outdoor pool schedule
<p><b>8:00 - 9:00 am</b> 3 lanes Swim Team Prep 3 Lanes Therapy Swim (water walking only)</p> <p><b>9:00 - 9:30 am</b> Therapy Swim (water walking only)</p> <p><b>9:30-10:30am</b> HydroFitness</p> <p><b>10:30 - 12:00 pm</b> Lap Swim</p>	<p><b>7:00 - 8:00 am</b> Lap Swim</p> <p><b>8:00 - 9:30 am</b> Swim Lessons</p> <p><b>9:30 - 10:30 am</b> Therapy Swim (water walking only)</p> <p><b>10:30 - 12:00 pm</b> Lap Swim</p>	<p><b>7:00 - 8:00 am</b> Lap Swim</p> <p><b>8:00 - 9:30 am</b> Swim Lessons</p> <p><b>9:30 - 10:30am</b> HydroFitness (Dive Well)</p> <p><b>9:30 - 10:30 am</b> Therapy Swim (water walking only) MAIN POOL</p> <p><b>10:30 - 12:00 pm</b> Lap Swim</p>	<p><b>7:00 - 8:00 am</b> Lap Swim</p> <p><b>8:00 - 9:30 am</b> Swim Lessons</p> <p><b>9:30 - 10:30 am</b> Therapy Swim (water walking only)</p> <p><b>10:30 - 12:00 pm</b> Lap Swim</p> <div style="text-align: center;">  <p><b>Schedule Change: Indoor &amp; Outdoor CLOSED JULY 4TH</b></p> </div>	<p><b>6:30 - 8:30 am</b> Lap Swim</p> <p><b>8:30 - 9:30 am</b> Therapy Swim (water walking only)</p> <p><b>9:30-10:30am</b> HydroFitness</p>	<p><b>CLOSED FOR MAINTENANCE AUGUST 19-SEPTEMBER 2</b> See Jenny Thompson pool schedule <b>SUBJECT TO CHANGE BASED ON OUTDOOR POOL MAINTENANCE</b></p>	
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>

- Rec Swim Rules**
- 1) Children under 45" require a parent in the water
  - 2) No Swimming in the well
  - 3) Diving board use is allowed
  - 4) No equipment except lifejackets
  - 5) Kids with lifevests must have a parent in arms reach at all times
  - 6) No goggles that cover the nose
  - 7) Parents cannot be in the well to catch children off the divingboard
  - 8) No child with a lifevest of any kind may use the divingboard
  - 9) Kids under 3 required to wear swim diaper. Can be purchased for \$2 each

**NOTE: This schedule is subject to change without notice.**

<b>Membership Fees</b>	Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor
1) Excludes Hydrofitness 2) Excludes Masters 3) Good for 1 year from date of purchase	Adult	\$5.00	\$50.00	\$170.00	\$100.00
	Senior	\$3.00	\$30.00	\$80.00	\$45.00
	Youth	\$3.00	\$30.00	\$80.00	\$45.00
	Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor
<b>EXCLUDES OUTDOOR POOL</b>	Adult	\$7.00	\$70.00	\$330.00	\$190.00
	Senior	\$4.00	\$40.00	\$160.00	\$90.00
	Youth	\$4.00	\$40.00	\$160.00	\$90.00