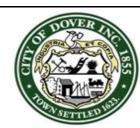
Dover Indoor Pool Schedule

February 12th- March 9th 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					7:00 - 9:00 am SOLO Swim Team	
	<u>7:30 - 8:30am</u> 6 Lanes Lap	<u>7:30 - 9:30 am</u> 6 Lanes Lap	<u>7:30 - 8:30am</u> 6 Lanes Lap	<u>8:30 - 9:30am</u> Lessons	9:00 - 10:00 am 3 Lanes SOLO Swim Team 3 Lanes Lessons	11:00 - 12:30 pm 6 Lanes Masters
	<u>8:30 - 9:00am</u> Lessons		8:30 - 9:00am Lessons		<u>10:00 - 11:00am</u> Lessons	12:30 - 2:15 pm Recreation Swim (NO LAP LANES)
9:30 - 10:30 am Hydrofitness	9:00 - 10:30 am 6 Lanes Lap	9:30 - 10:30 am Hydrofitness-Dive well	9:00 - 10:30 am 6 Lanes Lap	9:30 - 10:30 am Hydrofitness	11:00 - 12:15 pm 6 Lanes Lap 12:30 - 2:15 pm	2:30 - 3:30 pm Mighty Seals
10:30 - 11:30 am Therapy Swim (water walking only)	10:30 - 11:30 am Therapy Swim (water walking only)	9:30 - 11:30 am Therapy Swim (water walking only)	10:30 - 11:30 am Therapy Swim (water walking only)	10:30 - 11:30 am Therapy Swim (water walking only)	Recreation Swim (NO LAP LANES)	
11:30 - 1:00 pm 6 Lanes Lap	11:30 -12:30 pm 6 Lanes Lap	<u>11:30 - 1:00 pm</u> 6 Lanes Lap	11:30 - 12:30 pm 6 Lanes Lap	11:30 - 1:00 pm 6 Lanes Lap		
	2:30 - 3:30 pm Recreation Swim		2:30 - 3:30 pm Recreation Swim			
3:30 - 4:30 pm Berwick Academy	3:30 - 4:30 pm Berwick Academy		3:30 - 4:30 pm Berwick Academy			Rec Swim Rules 1) Children under 45" require a
<u>4:30 - 7:00 pm</u>	<u>4:30-5:30pm</u>	<u>4:30-7:00pm</u>	<u>4:30-5:30pm</u>	<u>4:30 - 5:30 pm</u>		parent in the water
SOLO Swim Team	SOLO Swim Team	SOLO Swim Team	SOLO Swim Team	SOLO Swim Team		2) No Swimming in the well
7:00-8:00 pm 3 Lanes Lap 3 Lanes Adult Lessons	5:30 - 7:00 pm Lessons 4 lanes SOLO @ 5:30 SOLO Dive Well until 6:30pm	7:00-8:00 pm 4 Lanes Lap 2 Lanes Adult Lessons	5:30-6:30pm 3 Lanes SOLO Swim Team Dive Well SOLO Swim Team 3 Lanes Swim Team Prep	5:30 - 6:30 pm 3 lanes SOLO Swim Team 3 Lanes Swim Team Prep		3) Diving board use is allowed 4) No equipment except lifejackets 5) Kids with lifevests must have a parent in arms reach at all times 6) No goggles that cover the nose
	7:00 - 8:15 pm 6 Lanes Masters		6:30 - 7:45 pm 6 Lanes Masters			7) Parents cannot be in the well to catch children off the divingboard 8) No child with a lifevest of any kind may use the divingboard 9) Kids under 3 required to wear swindiaper. Can be purchased for \$2 each
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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MOTE. Please note this schedule is subject to change without notice.

Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor	
Adult	\$5.00	\$50.00	\$170.00	\$100.00	
Senior	\$3.00	\$30.00	\$80.00	\$45.00	
Youth	\$3.00	\$30.00	\$80.00	\$45.00	
Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor	
Adult	\$7.00	\$70.00	\$330.00	\$190.00	
Senior	\$4.00	\$40.00	\$160.00	\$90.00	
Youth	\$4.00	\$40.00	\$160.00	\$90.00	
	Adult Senior Youth Non-Resident Adult Senior	Adult \$5.00 Senior \$3.00 Youth \$3.00 Non-Resident Daily Adult \$7.00 Senior \$4.00	Adult \$5.00 \$50.00 Senior \$3.00 \$30.00 Youth \$3.00 \$30.00 Non-Resident Daily Punch Ticket (12) Adult \$7.00 \$70.00 Senior \$4.00 \$40.00	Adult \$5.00 \$50.00 \$170.00 Senior \$3.00 \$30.00 \$80.00 Youth \$3.00 \$30.00 \$80.00 Non-Resident Daily Punch Ticket (12) * Yearly Indoor Adult \$7.00 \$70.00 \$330.00 Senior \$4.00 \$40.00 \$160.00	