

Dover Indoor Pool Schedule

September 3-November 10 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SCHEDULE CHANGES POOL CLOSED Monday Oct. 14-Holiday Monday Nov. 11-Holiday					7:00 - 9:00 am SOLO Swim Team	
8:30 - 9:30am 6 Lanes Lap	8:30 - 9:00am Lessons	8:30 - 10:30am 6 Lanes Lap	8:30 - 9:00am Lessons	7:30 - 8:30am 6 Lanes Lap	9:00 - 11:00 am Lessons	9:00-11:00am Masters
9:30 - 10:30 am Hydrofitness	9:00 - 10:30 am 6 Lanes Lap	9:30 - 10:30 am Hydrofitness-Dive well	9:00 - 10:30 am 6 Lanes Lap	8:30 - 9:30am Homeschool Lessons	11:00 - 12:15 pm 6 Lanes Lap	11:00 - 12:15 pm Therapy Swim (water walking only)
10:30 - 11:30 am Therapy Swim (water walking only)	10:30 - 11:30 am Therapy Swim (water walking only)	10:30 - 11:30 am Therapy Swim-Main Pool (water walking only)	10:30 - 11:30 am Therapy Swim (water walking only)	9:30 - 10:30 am Hydrofitness	12:30 - 2:30 pm Recreation Swim (NO LAP LANES)	12:30 - 2:30 pm Recreation Swim (NO LAP LANES)
11:30 - 1:00 pm 6 Lanes Lap	11:30 - 1:00 pm 6 Lanes Lap	11:30 - 1:00 pm 6 Lanes Lap	11:30 - 1:00 pm 6 Lanes Lap	10:30 - 11:30 am Therapy Swim (water walking only)	CLOSED Saturday October 5 Apple Harvest Day	
11:30 - 1:00 pm 6 Lanes Lap	1:00 - 2:00 pm Recreation Swim	11:30 - 1:00 pm 6 Lanes Lap	11:30 - 1:00 pm 6 Lanes Lap	11:30 - 1:00 pm 6 Lanes Lap	Schedule Change September 14, 15, 21 Lifeguard course 2 lanes+well closed during lap/rec	
3:30 - 7:00 pm SOLO Swim Team	4:00-5:30pm SOLO Swim Team 4 lanes @5pm	3:30-7:00pm SOLO Swim Team	4:00-5:30pm SOLO Swim Team	3:30 - 5:30 pm SOLO Swim Team		Rec Swim Rules
7:00-7:45 pm 3 Lanes Lap 3 Lanes Adult Lessons	5:00 - 6:30 pm Lessons	7:00-7:45 pm 3 Lanes Lap 3 Lanes Adult Lessons	5:30-6:30pm Swim Team Prep	5:30 - 6:30 pm Swim Team Prep		1) Children under 45" require a parent in the water 2) No Swimming in the well 3) Diving board use is allowed 4) No equipment except lifejackets 5) Kids with lifevests must have a parent in arms reach at all times 6) No goggles that cover the nose 7) Parents cannot be in the well to catch children off the divingboard 8) No child with a lifevest of any kind may use the divingboard 9) Kids under 3 required to wear swim diaper. Can be purchased for \$2 each
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NOTE: Please note this schedule is subject to change without notice.

Membership Fees	Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor
1) Excludes Hydrofitness	Adult	\$5.00	\$50.00	\$170.00	\$100.00
2) Excludes Masters	Senior	\$3.00	\$30.00	\$80.00	\$45.00
3) Memberships start from date of purchase	Youth	\$3.00	\$30.00	\$80.00	\$45.00
4)Cash or Check ONLY	Non-Resident	Daily	Punch Ticket (12)	* Yearly Indoor	6 Month Indoor
June-August lap time reduced	Adult	\$7.00	\$70.00	\$330.00	\$190.00
Outdoor Pool separate fee	Senior	\$4.00	\$40.00	\$160.00	\$90.00
	Youth	\$4.00	\$40.00	\$160.00	\$90.00