

Jenny Thompson Pool Schedule

September 1-7 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LABOR DAY Last Day September 7th 8:00-9:30 am Lap Swim 9:30-10:30 am 3 lanes therapy walking 3 lanes lap swim 10:40am-1:00pm Rec Swim All Passes Valid OUTSIDE	10:00-12:00pm 6 Lanes Lap 12:15-5:00pm Rec. Swim 5:30-7:00pm Great Bay Masters	10:00 - 12:00 pm 6 Lanes Lap 12:15-4:30pm Rec. Swim	10:00-12:00pm 6 Lanes Lap 12:15-5:00pm Rec. Swim 5:30-7:00pm Great Bay Masters	10:00 - 12:00 pm 6 Lanes Lap 12:15-4:30pm Rec. Swim	9:00 - 10:30 am 6 Lanes Lap 10:30-12:00pm 4 Lanes Lap 2 Lanes Therapy Walking 12:15-4:30pm Rec. Swim All Passes Valid OUTSIDE	9:00-11:00am Great Bay Masters 11:00am-12:00pm 4 Lanes Lap 2 Lanes Therapy Walking 12:15-4:30pm Rec.Swim All Passes Valid OUTSIDE

PRICING

DOVER RESIDENTS Adult \$5.00 Senior (62+) \$3.00 Youth \$3.00

NON-RESIDENTS Adult \$10.00 Senior (62+) \$5.00 Youth \$5.00

REC SWIM RULES



Children under 45" require a parent in the water.



DIVING BOARDS: Swimmers must pass a swim test with a head lifeguard and receive a wristband if younger than 18.



Children not toilet trained must wear a swim diaper.



All life jackets must be U.S. Coast Guard approved. If holding child without life jacket, child must be in regular swimsuit.



NO RUNNING: No running on the pool deck or in the water.



NO FOOD OR BEVERAGE except in designated areas.



Listen and follow instructions from lifeguards.